



WHAT'S FOR LUNCH...

WINTER

PRE STARTERS

Assorted Breads & Oil	£3.45
Garlic Bread	£3.50
Cheesy Garlic Bread	£3.95
Selection of Greek Dips , Tzatziki, Hummus & Tapenade, Chillis & Pickles, Toasted Pitta	£6.95
Marinated Olives	£3.50
Hummus & Pitta Bread , Dressed Leaves & Chillies	£5.50

STARTERS

French Onion Soup , Gruyère Cheese & Croutons	£5.50
Thai Fishcakes , Dressed Leaves, Asian Slaw, Sweet Chilli Dip	£6.95
Rock Inn Prawn Cocktail , Shredded Lettuce, Spiced Marie Rose Sauce, Crusty Bread	£7.95
Warm Shredded Duck Wraps , Cucumber & Spring Onion, Hoi-sin Sauce	£8.95
Dave Wong's Salt & Pepper Chilli Squid , Dressed Leaves, Asian Slaw	£7.95
Pan Fried Tiger Prawns , Chilli, Garlic & Brandy Sauce, Mixed Leaves & Crusty Bread	£8.95
OR Lemon & Garlic Butter , Mixed Leaves & Crusty Bread	£7.95

DELI BOARDS – SHARING PLATTERS

Whole Baked Camembert , Garlic & Thyme, Chutney, Bread Crisps	£12.95
Fish Deli Board , Prawn Cocktail, Fishcakes, Smoked Mackerel, Anchovies, Salmon Gravavlax, Tiger Prawns, Sweet Chilli Sauce	£14.95
Meat Deli Board , Parma Ham, Chorizo, Honey Roast Ham, Salami, Meatballs, Rare Roast Beef, Red Onion Jam	£13.95
Veggie Deli Board , Hummus, Marinated Goats Cheese, Olives, Falafel, Tzatziki, Sun Blushed Tomatoes, Red Onion Jam	£13.95

All Deli Boards Come With Pitta Bread, Music Bread, Crusty Bread, Chillies & Pickles. Gluten Free Bread Available Upon Request.

SIDES

Hand Cut Chips	£3.50
Skinny Fries	£3.50
Sweet Potato Fries	£4.00
Creamy Mash	£3.50
Seasonal Vegetables	£4.00
Mushy Peas	£2.00
Wild Rocket, Sun Blushed Tomato & Parmesan Salad	£5.95
Rock Inn Green Salad	£3.95

The Rock Inn is working hard to raise funds for local charities & associations. We would like to add an OPTIONAL donation of 25p per main course to your bill to support a local charity or association. The charity for this month is Georgeham Playing Fields Appeal

MAINS

Chargrilled Ribeye Steak , 5oz £12.95 or 8oz £21.95 Hand Cut Chips, Garlic Mushrooms, Herb Stuffed Tomato, Mixed Leaves	
Sauces – Pepper £2.50, Blue Cheese £2.50	
Pie Of The Week , Seasonal Vegetables, Creamy Mash	£13.95
The Rock Inn Fish Pie , Seasonal Vegetables, Cheesy Mash	£14.95
Hickory Smoked Rack of BBQ Ribs , Handcut Chips, Dressed Leaves & Slaw	£16.95
Moroccan Style Vegetable Tagine , Chickpeas & Cous-Cous, Toasted Pitta Bread	£13.95
Bangers & Mash , Vegetables, Red Onion Gravy	£12.95
Tribute Battered Cod & Hand Cut Chips , Mushy Peas, Tartar Sauce, Mixed Leaf Salad	£12.50
8oz Beef Burger , Tomato & Chilli Jam, Crisp Lettuce, Toasted Brioche Bun, Hand Cut Chips, Coleslaw	£11.95
Toppings – Cheddar Cheese £1.00, Exmoor Blue Cheese £1.00, Bacon £1.00	
'Spanish Burger' , 6oz Chorizo & Beef Patty, Melted Manchego Cheese, Grilled Serrano Ham, Garlic Aioli, Toasted Brioche Bun, Hand Cut Chips	£12.95
Wholetail Scampi , Skinny Fries, Dressed Leaves, Garden Peas, Homemade Tartar Sauce	£13.95
Honey Glazed Ham , 2 Free Range Eggs, Hand Cut Chips, Garden Peas	£9.95
Rock Inn Vegetable Fajitas , Guacamole, Spicy Salsa Jam, Sour Cream & Grated Cheddar, Mixed Leaf Salad	£14.95

Exchange fries for sweet potato fries on any main dish £1.50

Three Egg Omelette, Hand Cut Chips, Mixed Leaf Salad £8.95

Fillings – Cheddar Cheese – Ham – Mushroom – Tomato

The Rock Inn Sandwiches served on either: Thick Cut Granary OR White Bread OR Tortilla Wrap with Crisps, Dressed Leaves & Coleslaw

Prawns in Marie Rose Sauce	£8.95
Sausages, Fried Onion & Mustard	£7.95
Honey Glazed Ham Salad	£6.95
Cheese & Chutney, Dressed Leaves	£6.95
Fishfinger, Tartar, Baby Gem	£7.95
Chicken, Bacon, Lettuce, Tomato, Aioli	£8.95
Steak Sandwich, Caramelised Onions, Melted Brie, Rocket, Skinny Fries	£12.95

Add: Chips £1.00, Cup of Soup £1.00