



MENU

AT THE ROCK INN

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NIBBLES

MIXED OLIVES	VE, GF	£5
SELECTION OF BREADS & OIL	VE, GFA	£6
HUMMUS & PITTA BREAD	VE, GFA	£7

STARTERS

SOUP OF THE DAY <i>crusty bread</i>	V, GFA	£6
RIVER FOWEY MUSSELS <i>served traditional French style with crusty bread</i>	GFA	£11
BUFFALO CAULIFLOWER WINGS <i>sriracha mayo, pickled veg</i>	VE, GF	£8
HALLOUMI FRIES <i>sweet chilli dip</i>	V, GFA	£9
CHICKEN, RED PEPPER & BASIL TERRINE <i>pineapple & chilli salsa, crispy sourdough</i>	GFA	£9
MIXED DELI SHARING BOARD <i>chorizo, salami, parma ham, anchovies, tempura prawns, hummus, halloumi & olives served with a selection of breads</i>	GFA	£24
VEGGIE DELI SHARING BOARD <i>olives, hummus, marinated artichokes, halloumi, falafel, balsamic & olive oil, served with a selection of breads</i>	VEA, GFA	£22

MAIN COURSES

ROCK INN BOUILLABAISSSE <i>fish of the day – served with clams, mussels, samphire & crusty bread</i>	GFA	£25
SLOW ROASTED PORK BELLY <i>potato fondant, pickled cauliflower, soy & maple glaze</i>		£20
MOROCCAN SPICED VEGETABLE TAGINE <i>served with a apricot & herb couscous</i>	VE, GFA	£17
TRIBUTE BATTERED FISH & CHIPS <i>mushy peas, dressed leaves</i>	GFA	£18
DEVON CRAB SALAD <i>skinny fries, garlic aioli, crusty bread</i>	GFA	£20
WHOLETAIL BREADED SCAMPI <i>skinny fries, dressed leaves, garden peas</i>		£18
RIVER FOWEY MUSSELS <i>served traditional French style with fries & crusty bread</i>	GFA	£19
8OZ WESTCOUNTRY RIBEYE STEAK <i>tomato & mushroom, chunky chips, salad, peppercorn sauce</i>	GFA	£29
ROCK INN LINGUINE WITH WILD MUSHROOM & TRUFFLE OIL	VEA	£16
WITH BOLOGNESE & PARMESAN SHAVINGS		£17
WITH SEAFOOD, CHILLI, GARLIC & WHITE WINE		£19
ROCK INN FISH PIE <i>salmon, cod, haddock & king prawn served with cheesy mash, sautéed vegetables, crusty bread</i>	GFA	£19
STEAK & OTTER ALE PIE <i>puff pastry, sautéed vegetables, served with creamy mash OR chips</i>		£18

SALAD

ROCK INN SALAD BOWL <i>baby leaf, pickled red cabbage, mixed beans, beetroot, cherry tomatoes, olives, orange, toasted dukkah</i>	VE, GFA	£17
WITH SOY SPICED TOFU	VE	£18
WITH CAJUN CHICKEN		£19
WITH GARLIC & LEMON KING PRAWNS		£20

BURGERS

all burgers served with baby gem, tomato, red onion & slaw	GFA	
6oz BEEFBURGER <i>cheddar cheese, chips, burger sauce</i>		£16
EXTRA BEEF PATTY £3.00		
SPICED FALAFEL BURGER <i>tzatziki sauce, skinny fries</i>	VE	£15
6oz VENISON & WILD BOAR BURGER <i>blue cheese, chips, garlic aioli,</i>		£16
EXTRA VENISON PATTY £3.00		
CAJUN SPICED CHICKEN BURGER <i>garlic mayo, curly fries</i>		£16
ADD CHEESE £1.00		

KIDS MENU *served with fries & garden peas

CHICKEN GOUJONS *		£8
PORK SAUSAGES *		£8
JUMBO FISH FINGER *		£8
BEEF OR HALLOUMI BURGER *		£8
SPAGHETTI BOLOGNESE & GRATED CHEESE		£8

SIDES

GARLIC BREAD	GFA	£5
CHEESY GARLIC BREAD	GFA	£6
CHIPS / SKINNY FRIES	GFA	£5
CURLY FRIES		£5
CHIPS & CHEESE	GFA	£6
MIXED LEAF SALAD		£5
SEASONAL VEGETABLES		£4
ONION RINGS		£4
MASHED POTATO		£4

DESSERTS *kids size portion £5.00

SALTED CHOCOLATE FUDGE BROWNIE * <i>chocolate sauce, vanilla ice cream</i>	GFA	£7.50
STICKY TOFFEE PUDDING * <i>butterscotch sauce, honeycomb ice cream</i>	GFA	£7.50
VEGAN CHOCOLATE & BANANA CAKE * <i>chocolate sauce, vegan salted caramel ice cream</i>	VE	£7.50
TANGY ORANGE CURD * <i>meringue, berries, blackcurrant coulis, raspberry sorbet</i>	GFA	£7.50
RHUBARB & WHITE CHOC CRÈME BRÛLÉE <i>lemon shortbread</i>	GFA	£7.50
ROCK INN SUNDAE * <i>vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce</i>		£7.50
ICE CREAMS – PER SCOOP <i>vanilla, chocolate, strawberry, honeycomb</i>	GFA, VEA	£2
<i>vegan raspberry sorbet, vegan vanilla, vegan salted caramel,</i>		

V – VEGETARIAN • VE – VEGAN • GF – GLUTEN FREE • GFA – GLUTEN FREE AVAILABLE • VEA – VEGAN AVAILABLE

Before placing your order:
please inform your server if a person in your party has a food allergy or if you require a dairy free option, if available.