



# THE ROCK INN

## MENU

### NIBBLES

|                                       |         |      |
|---------------------------------------|---------|------|
| <b>MIXED OLIVES</b>                   | VE, GF  | £6   |
| <b>SELECTION OF BREADS &amp; OILS</b> | VE, GFA | £6.5 |
| <b>HUMMUS &amp; PITTA BREAD</b>       | VE, GFA | £8   |

### STARTERS

|  |        |     |
|--|--------|-----|
| <b>SOUP OF THE DAY</b><br><i>Crusty bread</i>  | V, GFA | £7  |
| <b>PAN-SEARED TIGER PRAWNS</b><br><i>Lemon &amp; garlic parsley</i>  | GFA    | £10 |
| <b>BUFFALO CAULIFLOWER WINGS</b><br><i>Sriracha mayo, pickled veg</i>  | VE, GF | £8  |
| <b>HALLOUMI FRIES</b><br><i>Sweet chilli dip</i>   | V, GFA | £9  |
| <b>SALT &amp; PEPPER CHILLI SQUID</b><br><i>Baby leaf, soy &amp; ginger dressing</i>   | GFA    | £10 |
| <b>MIXED DELI SHARING BOARD</b><br><i>Chorizo, salami &amp; parma ham, anchovies, hummus, halloumi bites, olives, feta stuffed peppers, chillis, pickles, gherkins, salad, assorted bread &amp; oils</i> | GFA    | £24 |

### MAIN COURSES

|   |         |     |
|---|---------|-----|
| <b>SLOW-COOKED BBQ RIBS</b><br><i>Mixed leaf salad, skinny fries, coleslaw</i>  | GFA     | £24 |
| <b>HOME SMOKED LAMB SHANK</b><br><i>Braised red cabbage, mash potato, tenderstem broccoli, lamb jus</i>   | GFA     | £24 |
| <b>DRESSED 'LEE BAY' CRAB SALAD</b><br><i>Skinny fries, crusty bread, garlic aioli</i>  | GFA     | £20 |
| <b>VEGAN PENANG CURRY</b><br><i>Coriander rice, mango chutney, naan bread, poppadum</i>   | VE, GFA | £16 |
| <b>CHICKEN TIKKA MASALA</b><br><i>Coriander rice, mango chutney, naan bread, poppadum</i>   | GFA     | £18 |
| <b>TRIBUTE BATTERED FISH &amp; CHIPS</b><br><i>Mushy peas, dressed leaves</i>   | GFA     | £18 |
| <b>WHOLETAIL BREADED SCAMPI</b><br><i>Skinny fries, dressed leaves, garden peas</i>   |         | £18 |
| <b>8oz WESTCOUNTRY SIRLOIN STEAK</b><br><i>Tomato &amp; mushroom, chunky chips, salad, peppercorn sauce</i>                                       | GFA     | £29 |
| <b>ROCK INN LINGUINE</b><br><i>WITH ROASTED BUTTERNUT SQUASH, GOATS CHEESE &amp; SPINACH</i>  | VEA     | £16 |
| <i>WITH BOLOGNESE &amp; PARMESAN SHAVINGS</i>   |         | £17 |
| <i>WITH SEAFOOD, CHILLI, GARLIC &amp; WHITE WINE</i>  |         | £19 |
| <b>ROCK INN FISH PIE</b><br><i>Salmon, cod, haddock &amp; king prawn served with cheesy mash, sauteed vegetables &amp; crusty bread</i>           | GFA     | £21 |
| <b>STEAK &amp; OTTER ALE PIE</b><br><i>Puff pastry &amp; sauteed vegetables, served with either creamy mash OR chips</i>                          |         | £18 |
| <b>ROCK INN BOUILLABaisse</b><br><i>Fish of the day - served with clams and samphire in a tomato and orange based fish stew with crusty bread</i> | GFA     | £25 |

### SALAD

|   |         |     |
|---|---------|-----|
| <b>ROCK INN SALAD BOWL</b><br><i>Baby leaf, pickled red cabbage, edamame beans, beetroot, cherry tomatoes, olives, toasted dukkah</i> | VE, GFA | £16 |
| <i>WITH TEMPURA JACKFRUIT</i>   | VE      | £17 |
| <i>WITH CAJUN CHICKEN</i>   |         | £18 |
| <i>WITH HALLOUMI</i>  | V       | £18 |
| <i>WITH GARLIC &amp; LEMON KING PRAWNS</i>  |         | £19 |

### BURGERS

|   |     |     |
|---|-----|-----|
| <i>All burgers served with baby gem, tomato, red onion &amp; slaw</i>   | GFA |     |
| <b>6oz BEEFBURGER</b><br><i>Cheddar cheese, chunky chips, burger sauce</i>  |     | £16 |
| <i>EXTRA BEEF PATTY</i>   |     | £3  |
| <b>MOVING MOUNTAINS VEGAN BURGER</b><br><i>Vegan cheese, vegan garlic &amp; herb mayo, vegan slaw, skinny fries</i> | VE  | £16 |
| <b>6oz VENISON &amp; WILD BOAR BURGER</b><br><i>Blue cheese, chunky chips, garlic aioli</i>                         |     | £16 |
| <b>EXTRA VENISON PATTY</b>  |     | £3  |
| <b>SOUTHERN FRIED CHICKEN BURGER</b><br><i>Chipotle sauce, curly fries</i>  |     | £16 |
| <i>ADD CHEESE</i>   |     | £1  |
| <b>HALLOUMI BURGER</b><br><i>Sweet chilli dip, skinny fries</i>   | V   | £16 |

### KIDS MENU \* served with fries & garden peas

|  |     |      |
|--|-----|------|
| <b>CHICKEN GOUJONS *</b>                       | GFA | £8.5 |
| <b>PORK SAUSAGES *</b>                         |     | £8.5 |
| <b>JUMBO FISH FINGER *</b>                     | GFA | £8.5 |
| <b>BEEF OR HALLOUMI BURGER *</b>               | GFA | £8.5 |
| <b>SPAGHETTI BOLOGNESE &amp; GRATED CHEESE</b> |     | £8.5 |

### SIDES

|                                    |     |      |
|------------------------------------|-----|------|
| <b>GARLIC BREAD</b>                | GFA | £5   |
| <b>CHEESY GARLIC BREAD</b>         | GFA | £6   |
| <b>CHUNKY CHIPS / SKINNY FRIES</b> | GFA | £5.5 |
| <b>CURLY FRIES</b>                 |     | £6   |
| <b>CHIPS &amp; CHEESE</b>          | GFA | £6.5 |
| <b>HOUSE SIDE SALAD</b>            |     | £6   |
| <b>SEASONAL VEGETABLES</b>         |     | £5   |
| <b>ONION RINGS</b>                 |     | £5   |

### DESSERTS \* kids portions available

|   |          |      |
|---|----------|------|
| <b>SALTED CHOCOLATE FUDGE BROWNIE *</b><br><i>Chocolate sauce, vanilla ice cream</i>                                  | GFA      | £7.5 |
| <b>STICKY TOFFEE PUDDING *</b><br><i>Butterscotch sauce, honeycomb ice cream</i>                                      | GFA      | £7.5 |
| <b>BANOFFEE CHEESECAKE</b><br><i>Vanilla ice cream, caramelised banana</i>  |          | £8   |
| <b>ORANGE MARMALADE BRULEE</b><br><i>Ginger shortbread</i>  |          | £8   |
| <b>ROCK INN SUNDAE *</b><br><i>Vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce</i> |          | £8   |
| <b>ICE CREAMS – PER SCOOP</b><br><i>Vanilla, chocolate, strawberry, honeycomb, vegan vanilla</i>                      | GFA, VEA | £2   |

V – VEGETARIAN • VE – VEGAN • GF – GLUTEN FREE • GFA – GLUTEN FREE AVAILABLE • VEA – VEGAN AVAILABLE ON REQUEST

Before placing your order please inform your server if a person in your party has a food allergy or if you require a dairy free option, if available.

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