



THE ROCK INN

AFTERNOON MENU

NIBBLES

MIXED OLIVES	VE, GF	£6
SELECTION OF BREADS & OILS	VE, GFA	£6.5
HUMMUS & PITTA BREAD	VE, GFA	£8

STARTERS

SOUP OF THE DAY <i>Crusty bread</i>	V, GFA	£7
BUFFALO CAULIFLOWER WINGS <i>Sriracha mayo, pickled veg</i>	VE, GF	£8
HALLOUMI FRIES <i>Sweet chilli dip</i>	V, GFA	£9

MAIN COURSES

DRESSED 'LEE BAY' CRAB SALAD <i>Skinny fries, crusty bread, garlic aioli</i>	GFA	£20
TRIBUTE BATTERED FISH & CHIPS <i>Mushy peas, dressed leaves</i>	GFA	£18
WHOLETAIL BREADED SCAMPI <i>Skinny fries, dressed leaves, garden peas</i>		£18
ROCK INN LINGUINE <i>With bolognese & parmesan shavings</i>		£17
ROCK INN FISH PIE <i>Salmon, cod, haddock & king prawn served with cheesy mash, sauteed vegetables & crusty bread</i>	GFA	£21
STEAK & OTTER ALE PIE <i>Puff pastry & sauteed vegetables, served with either creamy mash OR chips</i>		£18

SALAD

ROCK INN SALAD BOWL <i>Baby leaf, pickled red cabbage, edamame beans, beetroot, cherry tomatoes, olives, toasted dukkah</i>	VE, GFA	£16
WITH CAJUN CHICKEN		£18
WITH HALLOUMI	V	£18

BURGERS

<i>All burgers served with baby gem, tomato, red onion & slaw</i>	GFA	
6oz BEEFBURGER <i>Cheddar cheese, chunky chips, burger sauce</i>		£16
MOVING MOUNTAINS VEGAN BURGER <i>Vegan cheese, vegan garlic & herb mayo, vegan slaw, skinny fries</i>	VE	£16
SPANISH BURGER <i>Pork & chorizo patty, manchego cheese, serrano ham, garlic aioli, chunky chips</i>		£17
6oz VENISON & WILD BOAR BURGER <i>Blue cheese, chunky chips, garlic aioli</i>		£16
EXTRA PATTY FOR ABOVE BURGERS		£3
UPGRADE TO CURLY FRIES		£1

KIDS MENU * served with fries & garden peas

CHICKEN GOUJONS *	GFA	£8.5
PORK SAUSAGES *		£8.5
JUMBO FISH FINGER *	GFA	£8.5
BEEF OR HALLOUMI BURGER *	GFA	£8.5
SPAGHETTI BOLOGNESE & GRATED CHEESE		£8.5
SPAGHETTI & GRATED CHEESE		£6.5

SIDES

GARLIC BREAD	GFA	£5
CHEESY GARLIC BREAD	GFA	£6
CHUNKY CHIPS / SKINNY FRIES	GFA	£5.5
CURLY FRIES		£6
CHIPS & CHEESE	GFA	£6.5
ONION RINGS		£5

DESSERTS * kids portions available

SALTED CHOCOLATE FUDGE BROWNIE * <i>Chocolate sauce, vanilla ice cream</i>	GFA	£8
STICKY TOFFEE PUDDING * <i>Butterscotch sauce, honeycomb ice cream</i>	GFA	£8
ROCK INN SUNDAE * <i>Vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce</i>		£8
ICE CREAMS – PER SCOOP <i>Vanilla, chocolate, strawberry, honeycomb, vegan vanilla</i>	GFA, VEA	£2

V – VEGETARIAN • VE – VEGAN • GF – GLUTEN FREE • GFA – GLUTEN FREE AVAILABLE • VEA – VEGAN AVAILABLE ON REQUEST

Before placing your order please inform your server if a person in your party has a food allergy or if you require a dairy free option, if available.

The Rock Inn, Georgeham EX331JW • Tel: 01271 890322 • www.therockinn.biz • wifi password – rockwifi



THE ROCK INN MENU

NIBBLES

MIXED OLIVES

VE, GF £6

SELECTION OF BREADS & OILS

VE, GFA £6.5

HUMMUS & PITTA BREAD

VE, GFA £8

STARTERS

SOUP OF THE DAY

Crusty bread

V, GFA £7

PAN-SEARED TIGER PRAWNS

Lemon & garlic parsley

GFA £10

BUFFALO CAULIFLOWER WINGS

Sriracha mayo, picked veg

VE, GF £8

HALLOUMI FRIES

Sweet chilli dip

V, GFA £9

SALT & PEPPER CHILLI SQUID

Baby leaf, soy & ginger dressing

GFA £10

MIXED DELI SHARING BOARD

Chorizo, salami & parma ham, anchovies, hummus, halloumi bites, olives, feta stuffed peppers, chillis, pickles, gherkins, salad, assorted bread & oils

GFA £24

1/2 RACK OF SLOW COOKED BBQ RIBS

Mixed leaves

GF £10

MAIN COURSES

ROCK INN BOUILLABAISSE

Fish of the day - served with clams and samphire in a tomato and orange based fish stew with crusty bread

GFA £25

SLOW-COOKED BBQ RIBS

Mixed leaf salad, skinny fries, coleslaw

GFA £24

SLOW ROASTED BELLY OF PORK

Colcannon mash, savoy cabbage & bacon, seasonal greens, crispy kale, apple & thyme puree, cider & grain mustard jus

GF £24

DRESSED 'LEE BAY' CRAB SALAD

Skinny fries, crusty bread, garlic aioli

GFA £20

VEGAN PENANG CURRY

Coriander rice, mango chutney, naan bread, poppadum

VE, GFA £16

CHICKEN TIKKA MASALA

Coriander rice, mango chutney, naan bread, poppadum

GFA £18

TRIBUTE BATTERED FISH & CHIPS

Mushy peas, dressed leaves

GFA £18

WHOLETAIL BREADED SCAMPI

Skinny fries, dressed leaves, garden peas

£18

8oz WESTCOUNTRY SIRLOIN STEAK

Tomato & mushroom, chunky chips, salad, peppercorn sauce

GFA £29

ROCK INN LINGUINE

WITH WILD MUSHROOM

VEA £16

WITH BOLOGNESE & PARMESAN SHAVINGS

£17

WITH SEAFOOD, CHILLI, GARLIC & WHITE WINE

£19

ROCK INN FISH PIE

Salmon, cod, haddock & king prawn served with cheesy mash, sauteed vegetables & crusty bread

GFA £21

STEAK & OTTER ALE PIE

Puff pastry & sauteed vegetables, served with either creamy mash OR chips

£18

SALAD

ROCK INN SALAD BOWL

Baby leaf, pickled red cabbage, edamame beans, beetroot, cherry tomatoes, olives, toasted dukkah

VE, GFA £16

WITH BUFFALO CAULIFLOWER

VE £17

WITH CAJUN CHICKEN

£18

WITH HALLOUMI

V £18

WITH GARLIC & LEMON KING PRAWNS

£19

BURGERS

All burgers served with baby gem, tomato, red onion & slaw

GFA

6oz BEEFBURGER

Cheddar cheese, chunky chips, burger sauce

£16

MOVING MOUNTAINS VEGAN BURGER

Vegan cheese, vegan garlic & herb mayo, vegan slaw, skinny fries

VE £16

SPANISH BURGER

Pork & chorizo patty, manchego cheese, serrano ham, garlic aioli, chunky chips

£17

6oz VENISON & WILD BOAR BURGER

Blue cheese, chunky chips, garlic aioli

£16

CAJUN CHICKEN BURGER

Skinny fries

£16

ADD CHEESE

£1

EXTRA PATTY FOR ABOVE BURGERS

£3

HALLOUMI BURGER

Sweet chilli dip, skinny fries

V £16

UPGRADE TO CURLY FRIES

£1

KIDS MENU * served with fries & garden peas

CHICKEN GOUJONS *

GFA £8.5

PORK SAUSAGES *

£8.5

JUMBO FISH FINGER *

GFA £8.5

BEEF OR HALLOUMI BURGER *

GFA £8.5

SPAGHETTI BOLOGNESE & GRATED CHEESE

£8.5

SPAGHETTI & GRATED CHEESE

£6.5

SIDES

GARLIC BREAD

GFA £5

CHEESY GARLIC BREAD

GFA £6

CHUNKY CHIPS / SKINNY FRIES

GFA £5.5

CURLY FRIES

£6

CHIPS & CHEESE

GFA £6.5

HOUSE SIDE SALAD

£6

SEASONAL VEGETABLES

£5

ONION RINGS

£5

DESSERTS * kids portions available

SALTED CHOCOLATE FUDGE BROWNIE *

Chocolate sauce, vanilla ice cream

GFA £8

STICKY TOFFEE PUDDING *

Butterscotch sauce, honeycomb ice cream

GFA £8

BANOFFEE CHEESECAKE

Vanilla ice cream, caramelised banana

£8

ORANGE MARMALADE BRULEE

Ginger shortbread

£8

ROCK INN SUNDAE *

Vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce

£8

ICE CREAMS – PER SCOOP

Vanilla, chocolate, strawberry, honeycomb, vegan vanilla

GFA, VEA £2

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THE ROCK INN

SUNDAY LUNCH MENU

NIBBLES

MIXED OLIVES	VE, GF	£6
SELECTION OF BREADS & OILS	VE, GFA	£6.5
HUMMUS & PITTA BREAD	VE, GFA	£8

STARTERS

SOUP OF THE DAY <i>Crusty bread</i>	V, GFA	£7
PAN-SEARED TIGER PRAWNS <i>Lemon & garlic parsley</i>	GFA	£10
BUFFALO CAULIFLOWER WINGS <i>Sriracha mayo, picked veg</i>	VE, GF	£8
HALLOUMI FRIES <i>Sweet chilli dip</i>	V, GFA	£9
SALT & PEPPER CHILLI SQUID <i>Baby leaf, soy & ginger dressing</i>	GFA	£10
MIXED DELI SHARING BOARD <i>Chorizo, salami & parma ham, anchovies, hummus, halloumi bites, olives, feta stuffed peppers, chillis, pickles, gherkins, salad, assorted bread & oils</i>	GFA	£24
½ RACK OF SLOW COOKED BBQ RIBS <i>Mixed leaves</i>	GF	£10

MAIN COURSES

DRESSED 'LEE BAY' CRAB SALAD <i>Skinny fries, crusty bread, garlic aioli</i>	GFA	£20
VEGAN PENANG CURRY <i>Coriander rice, mango chutney, naan bread, poppadum</i>	VE, GFA	£16
CHICKEN TIKKA MASALA <i>Coriander rice, mango chutney, naan bread, poppadum</i>	GFA	£18
TRIBUTE BATTERED FISH & CHIPS <i>Mushy peas, dressed leaves</i>	GFA	£18
WHOLETAIL BREADED SCAMPI <i>Skinny fries, dressed leaves, garden peas</i>		£18
ROCK INN FISH PIE <i>Salmon, cod, haddock & king prawn served with cheesy mash, sauteed vegetables & crusty bread</i>	GFA	£21
STEAK & OTTER ALE PIE <i>Puff pastry & sauteed vegetables, served with either creamy mash OR chips</i>		£18
ROCK INN SALAD BOWL <i>Baby leaf, pickled red cabbage, edamame beans, beetroot, cherry tomatoes, olives, toasted dukkah</i>	VE, GFA	£16
WITH BUFFALO CAULIFLOWER	VE	£17
WITH CAJUN CHICKEN		£18
WITH HALLOUMI	V	£18
WITH GARLIC & LEMON KING PRAWNS		£19

KIDS MENU ** served with fries & garden peas*

CHICKEN GOUJONS *	GFA	£8.5
PORK SAUSAGES *		£8.5
JUMBO FISH FINGER *	GFA	£8.5
BEEF OR HALLOUMI BURGER *	GFA	£8.5
SPAGHETTI BOLOGNESE & GRATED CHEESE		£8.5
SPAGHETTI & GRATED CHEESE		£6.5

SUNDAY ROASTS *(subject to availability)*

All roasts are served with roast potatoes, Yorkshire pudding, cauliflower cheese, honey roasted parsnip, braised red cabbage, carrot & swede puree, traditional spring greens & delicious gravy

TURKEY CROWN	GFA	£17
<i>Cranberry & apricot stuffing</i>		
LOIN OF PORK	GFA	£18
<i>Crackling, cranberry & apricot stuffing</i>		
TOPSIDE OF WESTCOUNTRY BEEF	GFA	£19
MIXED ROAST (ALL 3 MEATS)	GFA	£20
ROCK INN NUT ROAST	VEA, GFA	£17
JUNIOR PORTION	GFA	£10

BURGERS

All burgers served with baby gem, tomato, red onion & slaw	GFA	
6OZ BEEFBURGER		£16
<i>Cheddar cheese, chunky chips, burger sauce</i>		
MOVING MOUNTAINS VEGAN BURGER	VE	£16
<i>Vegan cheese, vegan garlic & herb mayo, vegan slaw, skinny fries</i>		
SPANISH BURGER		£17
<i>Pork & chorizo patty, manchego cheese, serrano ham, garlic aioli, chunky chips</i>		
6OZ VENISON & WILD BOAR BURGER		£16
<i>Blue cheese, chunky chips, garlic aioli</i>		
EXTRA PATTY FOR ABOVE BURGERS		£3
HALLOUMI BURGER	V	£16
<i>Sweet chilli dip, skinny fries</i>		
UPGRADE TO CURLY FRIES		£1

SIDES

GARLIC BREAD	GFA	£5
CHEESY GARLIC BREAD	GFA	£6
CHUNKY CHIPS / SKINNY FRIES	GFA	£5.5
CURLY FRIES		£6
CHIPS & CHEESE	GFA	£6.5
HOUSE SIDE SALAD		£6
SEASONAL VEGETABLES		£5
ONION RINGS		£5

DESSERTS ** kids portions available*

SALTED CHOCOLATE FUDGE BROWNIE *	GFA	£8
<i>Chocolate sauce, vanilla ice cream</i>		
STICKY TOFFEE PUDDING *	GFA	£8
<i>Butterscotch sauce, honeycomb ice cream</i>		
BANOFFEE CHEESECAKE		£8
<i>Vanilla ice cream, caramelised banana</i>		
ORANGE MARMALADE BRULEE		£8
<i>Ginger shortbread</i>		
ROCK INN SUNDAE *		£8
<i>Vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce</i>		
ICE CREAMS – PER SCOOP	GFA, VEA	£2
<i>Vanilla, chocolate, strawberry, honeycomb, vegan vanilla</i>		

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SANDWICHES

AT THE ROCK INN

SAMPLE SANDWICH MENU

The 'Rock Monsieur' - £14

Honey Roast Ham, Cheddar, Dijon Mustard, Cheese Sauce & Fries

Rare Roast Beef & Horseradish - £10

Dressed 'Lee Bay' Crab & Pickled Red Cabbage - £11

Crayfish & Marie-Rose Sauce - £11

Westcountry Ham Salad - £9

Mature Cheddar Cheese & Pickle - £9

Spiced Hummus & Pickled Red Cabbage - £9

Fish Finger & Tartar Sauce - £10

Add Chunky Chips £2 / Skinny fries £2 / Curly Fries £2

Add Bowl Of Soup £2

All Sandwiches Are Available On: Fresh White / Granary Bread Or A Sourdough Baguette With Baby Gem, Tomato & Red Onion Unless Otherwise Stated

Served With Tortilla Chips, Salad & Coleslaw

SPECIALS

River Fowey Mussels - £10/£18

Cooked 'Traditional French' With Crusty Bread (Main With Frites)

Deep Fried Breaded Whitebait - £9

Garlic Aioli, Crusty Bread



SPECIALS AT THE ROCK INN

SAMPLE SPECIALS MENU

'River Fowey' Mussels - £11 / £19

Cooked 'Traditional French', Crusty Bread (Main with Frites)

Deep Fried Breaded Whitebait - £10

Dressed Leaves, Garlic Mayo, Crusty Bread

Rock Inn Crayfish Cocktail - £10

Crayfish, Baby Gem, Salad, Crusty Bread

Black Pudding & Sage Scotch Egg - £10

Assorted Pickles, Parliament Sauce

Asian Style Pork Belly Bites - £10

Mixed Leaves, Soy, Ginger & Honey Dressing

Whole Grilled Cornish Lemon Sole - £24

*Saffron Chateaux Potatoes, Sauteed Spinach & Samphire,
Caper & Almond Butter*

Fillet of Beef Stroganoff - £20

Wild Mushrooms, Paprika & Brandy Sauce, Steamed Rice, Garlic Bread

Pan Fried Seabass Fillet - £24

Salmon & Crayfish Risotto, Herb Oil

Pan Seared Fillet Steak - £35

Confit Tomato & Mushroom, Chunky Chips, Salad, Peppercorn Sauce