



THE ROCK INN

SUNDAY LUNCH MENU

NIBBLES

MIXED OLIVES	VE, GF	£6
SELECTION OF BREADS & OILS	VE, GFA	£6.5
HUMMUS & PITTA BREAD	VE, GFA	£8

STARTERS

SOUP OF THE DAY <i>Crusty bread</i>	V, GFA	£7
PAN-SEARED TIGER PRAWNS <i>Lemon & garlic parsley</i>	GFA	£10
BUFFALO CAULIFLOWER WINGS <i>Sriracha mayo, picked veg</i>	VE, GF	£8
HALLOUMI FRIES <i>Sweet chilli dip</i>	V, GFA	£9
SALT & PEPPER CHILLI SQUID <i>Baby leaf, soy & ginger dressing</i>	GFA	£10
MIXED DELI SHARING BOARD <i>Chorizo, salami & parma ham, anchovies, hummus, halloumi bites, olives, feta stuffed peppers, chillis, pickles, gherkins, salad, assorted bread & oils</i>	GFA	£24
½ RACK OF SLOW COOKED BBQ RIBS <i>Mixed leaves</i>	GF	£10

MAIN COURSES

DRESSED 'LEE BAY' CRAB SALAD <i>Skinny fries, crusty bread, garlic aioli</i>	GFA	£20
VEGAN PENANG CURRY <i>Coriander rice, mango chutney, naan bread, poppadum</i>	VE, GFA	£16
CHICKEN TIKKA MASALA <i>Coriander rice, mango chutney, naan bread, poppadum</i>	GFA	£18
TRIBUTE BATTERED FISH & CHIPS <i>Mushy peas, dressed leaves</i>	GFA	£18
WHOLETAIL BREADED SCAMPI <i>Skinny fries, dressed leaves, garden peas</i>		£18
ROCK INN FISH PIE <i>Salmon, cod, haddock & king prawn served with cheesy mash, sauteed vegetables & crusty bread</i>	GFA	£21
STEAK & OTTER ALE PIE <i>Puff pastry & sauteed vegetables, served with either creamy mash OR chips</i>		£18
ROCK INN SALAD BOWL <i>Baby leaf, pickled red cabbage, edamame beans, beetroot, cherry tomatoes, olives, toasted dukkah</i>	VE, GFA	£16
WITH BUFFALO CAULIFLOWER	VE	£17
WITH CAJUN CHICKEN		£18
WITH HALLOUMI	V	£18
WITH GARLIC & LEMON KING PRAWNS		£19

KIDS MENU ** served with fries & garden peas*

CHICKEN GOUJONS *	GFA	£8.5
PORK SAUSAGES *		£8.5
JUMBO FISH FINGER *	GFA	£8.5
BEEF OR HALLOUMI BURGER *	GFA	£8.5
SPAGHETTI BOLOGNESE & GRATED CHEESE		£8.5
SPAGHETTI & GRATED CHEESE		£6.5

SUNDAY ROASTS *(subject to availability)*

All roasts are served with roast potatoes, Yorkshire pudding, cauliflower cheese, honey roasted parsnip, braised red cabbage, carrot & swede puree, traditional spring greens & delicious gravy

TURKEY CROWN	GFA	£17
<i>Cranberry & apricot stuffing</i>		
LOIN OF PORK	GFA	£18
<i>Crackling, cranberry & apricot stuffing</i>		
TOPSIDE OF WESTCOUNTRY BEEF	GFA	£19
MIXED ROAST (ALL 3 MEATS)	GFA	£20
ROCK INN NUT ROAST	VEA, GFA	£17
JUNIOR PORTION	GFA	£10

BURGERS

All burgers served with baby gem, tomato, red onion & slaw

6OZ BEEFBURGER		£16
<i>Cheddar cheese, chunky chips, burger sauce</i>		
MOVING MOUNTAINS VEGAN BURGER	VE	£16
<i>Vegan cheese, vegan garlic & herb mayo, vegan slaw, skinny fries</i>		
SPANISH BURGER		£17
<i>Pork & chorizo patty, manchego cheese, serrano ham, garlic aioli, chunky chips</i>		
6OZ VENISON & WILD BOAR BURGER		£16
<i>Blue cheese, chunky chips, garlic aioli</i>		
EXTRA PATTY FOR ABOVE BURGERS		£3
HALLOUMI BURGER	V	£16
<i>Sweet chilli dip, skinny fries</i>		
UPGRADE TO CURLY FRIES		£1

SIDES

GARLIC BREAD	GFA	£5
CHEESY GARLIC BREAD	GFA	£6
CHUNKY CHIPS / SKINNY FRIES	GFA	£5.5
CURLY FRIES		£6
CHIPS & CHEESE	GFA	£6.5
HOUSE SIDE SALAD		£6
SEASONAL VEGETABLES		£5
ONION RINGS		£5

DESSERTS ** kids portions available*

SALTED CHOCOLATE FUDGE BROWNIE *	GFA	£8
<i>Chocolate sauce, vanilla ice cream</i>		
STICKY TOFFEE PUDDING *	GFA	£8
<i>Butterscotch sauce, honeycomb ice cream</i>		
BANOFFEE CHEESECAKE		£8
<i>Vanilla ice cream, caramelised banana</i>		
ORANGE MARMALADE BRULEE		£8
<i>Ginger shortbread</i>		
ROCK INN SUNDAE *		£8
<i>Vanilla ice cream, whipped cream, marshmallows, chocolate brownie, chocolate sauce</i>		
ICE CREAMS – PER SCOOP	GFA, VEA	£2
<i>Vanilla, chocolate, strawberry, honeycomb, vegan vanilla</i>		

V – VEGETARIAN • VE – VEGAN • GF – GLUTEN FREE • GFA – GLUTEN FREE AVAILABLE • VEA – VEGAN AVAILABLE ON REQUEST

Before placing your order please inform your server if a person in your party has a food allergy or if you require a dairy free option, if available.

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